

Practice Ice Schedule

High = Juvenile and higher, Low = Pre-Pre to Pre-Juv, Open = for all skaters/disciplines
Low Beginner = Tot to Beg 3, High Beginner = Beg 4 to 7 and adult

Thursday

3:30 PM – 4:00 PM	Practice Ice High	DeLio
4:00 PM – 4:30 PM	Practice Ice Low	DeLio
6:45 PM – 7:15 PM	Practice Ice Open	North
7:15 PM – 7:45 PM	Practice Ice Open	North
7:45 PM – 8:15 PM	Practice Ice Open	North
8:15 PM – 8:45 PM	Practice Ice High	DeLio

Friday

7:10 AM – 7:40 AM	Practice Ice Low	DeLio
7:40 AM – 8:10 AM	Practice Ice Low	DeLio
8:00 AM – 8:30 AM	Practice Ice Open	North
8:30 AM – 9:00 AM	Practice Ice Dance	North
4:00 PM – 4:30 PM	Practice Ice Open	North
4:30 PM – 5:00 PM	Practice Ice Open	North
5:00 PM – 5:30 PM	Practice Ice Low	North
5:30 PM – 6:00 PM	Practice Ice Low	North
6:00 PM – 6:30 PM	Practice Ice High	DeLio
6:30 PM – 7:00 PM	Practice Ice High	DeLio
7:00 PM – 7:30 PM	Practice Ice Open	DeLio

Saturday

7:30 AM – 8:00 AM	Practice Ice Open	DeLio
8:00 AM – 8:30 AM	Practice Ice Open	DeLio
5:00 PM – 5:30 PM	Practice Ice Low Beginner	DeLio
5:30 PM – 6:00 PM	Practice Ice Beg 4	DeLio
6:00 PM – 6:30 PM	Practice Ice High Beginner	DeLio
6:30 PM – 7:00 PM	Practice Ice High Beginner	DeLio

Sunday

6:55 AM – 7:25 AM	Practice Ice Low Beginner	DeLio
7:25 AM – 7:55 AM	Practice Ice Open Beginner	DeLio
7:15 AM – 7:45 AM	Practice Ice High Beginner	North
7:45 AM – 8:15 AM	Practice Ice High Beginner	North
8:15 AM – 8:45 AM	Practice Ice Open	North

WARM UP ICE

Friday – Short Program Warm Up (DeLio)

1:10 PM – 1:30 PM	Open Juv & Intermediate/Novice Men SP
1:30 PM – 1:50 PM	Juvenile Girls SP
3:30 PM – 3:50 PM	Intermediate Ladies SP
3:50 PM – 4:10 PM	Novice & Junior Ladies SP

Saturday – Freestly Warm Up (DeLio)

8:35 AM – 8:55 AM	Open Juv Girls & Intermediate Test Track FS
8:55 AM – 9:15 AM	Juvenile Girls & Boys FS
12:35 PM – 12:55 PM	Intermediate Ladies & Men. Novice Man FS
12:55 PM – 1:15 PM	Adult FS
3:00 PM – 3:20 PM	All Novice & Junior FS

Saturday – Freestyle Warm Up (North)

12:35 PM – 12:55 PM	Lmtd Pre-Pre A & ½ B FS
12:55 PM – 1:15 PM	Lmtd Pre-Pre ½ B & C FS
1:15 PM – 1:35 PM	Pre-Pre & Pre-Pre Test FS
3:50 PM – 4:10 PM	Preliminary A & B FS
4:10 PM – 4:30 PM	Preliminary C & Prelim Test Track FS
6:30 PM – 6:50 PM	All Pre-Juvenile FS