

A Dance Weekend with Carol Fox

Come dance with us in the Rockies this spring!

May 22, 23 & 24, 2009

This year's Ice Dance weekend will include 10 hours of ice dancing at the South Suburban Ice Arena in Centennial, Colorado. All full weekend registration forms with payments received before May 8th will be eligible for a drawing to receive a free skate sharpening by Sid Broadbent or a private lesson with Carol Fox.

Friday, we will kick off the weekend with elegance — wear your best of show attire for the program dance. There will be a buffet supper served at the rink. We will continue our post-skating social western style at the **Trail Dust Steak House** with hot hors d'oeuvres and Country Western dancing. Saturday will start with lunch followed by two on-ice clinics with Carol Fox, exhibitions, and program dancing. The evening events will take place at the Embassy Suites with cocktails and then the dinner dance. Sunday come in for a continental breakfast before the high dance clinic with Carol. The ice dance program will be followed by a farewell brunch. All three clinics are included in the full package.

When you're not skating there are Colorado's Rocky Mountains for spring skiing or golf, the nearby Park Meadows Mall (one of Denver's finest), the outlet stores in Castle Rock, and Denver's Lodo area.

The dance weekend is open to adults as well as juniors at the pre-silver level or higher. Full weekend registrants will be given priority. Walk-ins will be welcome if space permits. If you have questions, please contact Carol Splawn at 303-795-6028 or foxskates@yahoo.com.

Schedule of Events

Friday May 22th

6:30 – 7:00 PM	Registration and Welcome with Buffet Supper
7:00 – 7:15	Warm-up and Requests
7:15 – 9:15	Elegance on Ice — Dance Program
9:30 – 11:30	Western Roundup social at the Trail Dust Steak House (Hors d'oeuvres provided; cash bar and full meals also available)

Saturday May 23th

12:00 – 12:30 PM	Registration
12:30 – 1:00	Fundamentals of Dancing Clinic with Carol Fox
1:00 – 2:30	Ice Dance Program, Group Photo
2:30 – 2:40	Exhibitions from Adult Nationals
2:45 – 3:30	Variations on a Dance Clinic with Carol Fox
3:30 – 4:45	Ice Dance Program
7:00 – 8:00 PM	Cocktails at the Embassy Suites (cash bar)
8:00 – 12:00	Dinner Dance at the Embassy Suites

Sunday May 24th

9:00 – 9:30 AM	Registration/Continental Breakfast
9:30 – 9:45	Warm-up
9:45 – 11:00	Ice Dance Program
11:00 – 11:45	High Dance Clinic with Carol Fox
11:45 – 1:00 PM	Ice Dance Program
1:00 – 2:30	Farewell Buffet

Carol is PSA Master rated, has been doing choreography and coaching competitive ice dancing for 23 years, and serves as a USFSA technical specialist in the new judging system. Click here to view Carol in the 1984 Olympics
http://www.youtube.com/results?search_query=carol+fox&search=Search

Event, Hotel, and Transportation Information

See map for numerical location (Hotels are within 5 miles of rink)

① **South Suburban Ice Arena**
6580 S. Vine St.
Centennial, CO 80121
303-798-7881

Friday Night Party
② **Trail Dust Steak House**
7101 South Clinton St.
Greenwood Village, CO 80112
303-790-2420

Saturday Dinner Dance
③ **Embassy Suites Hotel**
Denver Tech Center South.
10250 E. Costilla Av
Greenwood Village, CO 80112
800-654-4810

Hotels – Please mention the Dance Weekend with Carol Fox when making reservations. **Room rates are guaranteed until May 15th.** Maps of area restaurants, theaters, shopping, museums and activities will be available. Hotel prices shown include taxes.

④ **La Quinta Inn Hotel (S,B)**
7077 S. Clinton Dr.
Greenwood Village, CO 80126
303-649-9969
1-800-531-5900
\$49 Dbl, \$59 King

⑥ **Sheraton Hotel**
Denver Tech Center (S)
7007 S. Clinton St.
Greenwood Village, CO 80112
303-799-6200
1-800-325-3535
\$69 Dbl/King

⑧ **Residence Inn (B)**
93 W. Centennial Blvd.
Highlands Ranch, CO 80126
303-683-5500
1-800-331-3131
\$99.99 1 Bedroom Suite

⑤ **Marriot Denver South (S)**
10345 Park Meadows
Littleton, CO 80124
303-925-0004
1-800-228-9290
\$89 Dbl/King

⑦ **Motel 6 Denver South**
9201 E. Arapahoe Rd.
Greenwood Village, CO 80112
303-790-8220
1-800-466-8356
Single \$39.99

③ **Embassy Suites Hotel (S,B,R)**
Denver Tech Center South
10250 E. Costilla Av
Centennial, CO 80112
303-792-0433
1-800-654-4810
\$89 Dbl, \$99 King Suite

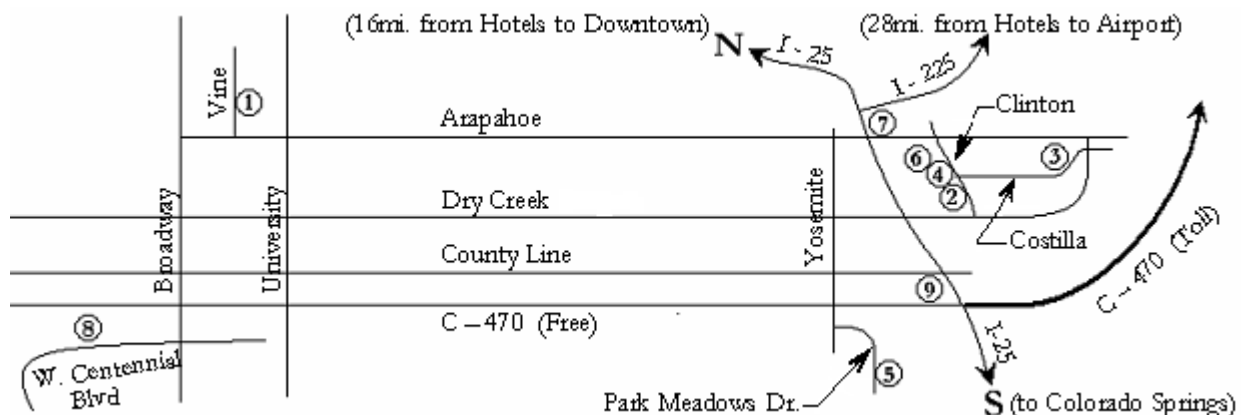
⑨ Park Meadows Mall

Key to hotel information

- (S) Free shuttle for travel within a 5 mile radius of hotel.
- (B) Hot breakfast buffet included
- (R) Afternoon cocktails & reception included

Airport Shuttle Information

Transportation from Denver International Airport (DIA) to Hotels: ABC Shuttle 303-696-9559, 800-288-0668, 5:30 AM – 11:30 PM: \$18 to Greenwood Village, \$29 to Littleton and Centennial one way.



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Registration Form

Please complete all questions

Last Name	First Name	Preferred Name (for name tag)	email address
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Address	City	State	Zip	Phone Number
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I am an ice dance competitor interested in being highlighted during Saturday's exhibitions.

I am coming to town early and/or staying after the Dance Weekend and am interested in private lessons with Carol Fox.

The South Suburban Ice Arena and Carol Fox undertake no responsibility for damages, injuries or losses suffered by the skaters and/or guests. The skater and/or family holds Carol Fox, the South Suburban Ice Arena and their officers harmless from any and all liabilities for injuries or any other damages to or loss of property.

Skater's Signature (parent or guardian if skater is under 18 years of age)

Fee Schedule (per person in U.S. dollars)

Skating Events

Full weekend package (includes on and off ice activities plus dinner dance)	___ @ \$175 = _____
Friday Night (program dance, buffet supper, Western Roundup with hors d'oeuvres)	___ @ \$60 = _____
Saturday (2 on ice clinics, light lunch, program dance, dinner dance)	___ @ \$130 = _____
Saturday (2 on ice clinics, lunch, program dance)	___ @ \$90 = _____
Sunday Morning (Continental breakfast, program dance, high dance clinic, farewell buffet)	___ @ \$75 = _____
Clinics Only <input type="checkbox"/> Fundamentals of Dancing <input type="checkbox"/> Variations on a Dance <input type="checkbox"/> High	___ @ \$20 ea= _____

Social Events (for skaters and non-skaters) Name _____

Full social package (all off ice activities including dinner dance)	___ @ \$95 = _____
Friday night buffet supper and Western Roundup (with hors d'oeuvres)	___ @ \$20 = _____
Light lunch & Saturday night dinner dance	___ @ \$65 = _____
Continental breakfast & Sunday buffet	___ @ \$30 = _____
Total	= \$ _____

Please indicate which entrée you would prefer for the Saturday Night Dinner Dance:

- Balsamic Glazed Salmon Filet with Wild Rice
- Chicken Roulade Stuffed with Fontina Cheese and Prosciutto
- Portobello Lasagna with Béchamel Sauce

Please make checks payable (in U.S. dollars) to: **Dance Weekend with Carol Fox.**

Return registration form and check to:

Don Splawn
7966 S. Gaylord Way
Centennial, CO 80122

If you have questions, please call Carol Splawn at 303-795-6028 or email foxskates@yahoo.com.

To Remain on the Mailing List

If you are unable to attend this year's dance weekend but would like to remain on the mailing list, please return name and full address.

Last Name

First Name

email address

Address

City

State Zip

Phone Number

Names and addresses of other skaters who would be interested in attending a Dance Weekend with Carol Fox.

Last Name

First Name

email address

Address

City

State Zip

Phone Number

Last Name

First Name

email address

Address

City

State Zip

Phone Number